



The Courtyard Connection

November 2011

1850 E 8th Street • Davis, CA 95616 • (530) 756-1800

What's **NEW!** New?

Courtyard's Remodel!!!

Courtyard is very busy making changes here in the facility. We have remodeled our rehab gym and we are also remodeling 12 rooms. We are now offering our short-term rehab patients' private rooms. Everyone is welcome to come by and see our changes.

Our New Director of Staff Development

On behalf of the team here at Courtyard, we would like to welcome our new DSD. Lyn Agapito is an LVN and has been working as a DSD for four years. She is very welcomed by our staff and residents.



Medicare Cuts ...

Some of you may have heard about cuts that hit Medicare. Our profession received an 11.1% cut to our Medicare Part A rates, effective Oct. 1, 2011. The Super Committee must identify \$1.6 trillion in cuts by Nov. 23 and have both Congress and President Obama approve them by Dec. 23. Absent these cuts or an agreement, Medicare providers (us) will be cut 2% effective Oct. 1, 2012. In addition, the Doc Fix expires on Dec. 31, 2011. With this expiration, physician fee screens, which determine Medicare Part B, rates will also be cut.

If you would like to try and help prevent some of these cuts,

please go to www.carenotcuts.com and see how to send a letter to our lawmakers. We would also like to reassure our residents and families that your loved ones will still receive the quality of care they deserve.



Staff Birthdays

11-04	Vidya K.
11-04	Edmund R.
11-05	Rupinder K.
11-10	Mayra D.
11-15	Charity S.
11-21	Veronica A.
11-21	Belia C.
11-24	Ryan B.
11-28	Lisa E.



Resident Birthdays

11-09	Joan J.
11-10	Farrell W.
11-10	Michael M.
11-18	Danna C.
11-21	Vuneda B.
11-24	Carol R.
11-28	Cynthia H.
11-28	Mary M.
11-29	Amy M.



Team Member Spotlight

Victor Vette

On behalf of the staff here at Courtyard, we want to take this time to say a big thanks to Victor. Victor leads our maintenance department with a positive strong sense of urgency on a daily basis. He has been with Covenant Care for 10 years and transferred to Courtyard a year ago. His energy, dedication and hard work has shown through numerous projects. He attends to the needs of our residents and puts them first. We can thank Victor for the ongoing remodels of our rehab suits. Once again, we want to say thank you, Victor, for all your hard work. We appreciate you more than you know.

Laugh Lines

Feast your funny bone on these Thanksgiving riddles:

- Q. If the Pilgrims were alive today, what would they be most famous for?
- A. Their age.
- Q. Why should you keep your eye off the turkey dressing?
- A. Because it might make him blush.
- Q. How can you tell a male turkey from a female turkey?
- A. The male is holding the remote control.
- Q. What is your favorite thing to make for Thanksgiving dinner?
- A. Reservations.
- Q. Can a turkey jump higher than the Empire State Building?
- A. Yes. A building can't jump at all.
- Q. Why do turkeys go "gobble, gobble?"
- A. Because they never learned good table manners.
- Q. What kind of music did the Pilgrims like?
- A. Plymouth Rock.

Happy Thanksgiving!

As we celebrate Thanksgiving with family and friends in November, we'll be thinking how grateful we are to have such wonderful neighbors. Thanks for making our community such a pleasant place to live. We wish you a safe and enjoyable Thanksgiving holiday!



On Nov. 11 ...

Be sure to thank a veteran.

From the Desk of the Director of Nursing:

We are entering flu season and I feel it's extremely important for everyone to get the correct information pertaining to the flu vaccine, because I have heard a multitude of reasons why people refuse to get the vaccine. One reason is, "I got the flu vaccine and it gave me the flu." This is a untrue statement. The truth is that you were probably already exposed to someone with the flu, but if you hadn't gotten the flu vaccine, the flu could have been so much worse. So I feel it is important to get the correct information to everyone.

The timing of the flu is very unpredictable and can vary from season to season. Flu activity most commonly peaks in the US in January

or February. However, seasonal flu activity can begin as early as October and continue to occur as late as May.

CDC says "Take 3" Actions to Fight the Flu: **One, take the time to get a flu vaccine. Two, take everyday preventive actions to stop the spread of germs. Three, take antiviral drugs if your doctor prescribes them.**

I hope this helps,
Michele Rath RN, DON

Health & Wellness

A True 'Entertainer'

Ragtime pianist and composer Scott Joplin was born on Nov. 24, 1868.

Resident Spotlight

Chris T.

Chris was born on October 1960, in Lodi, California, to Alice and Erilio. He is one of four children. He has one brother and two sisters, whom he is very proud to say are a close family. He and his family moved to Dixon in the early 1970s, where he was raised from age 10 on. His mother owned a traveling agency and his father owned ET Trucking, where Chris worked and made his career out of hauling grain.

Chris is a sports fanatic. He loves the San Francisco Giants. He has fond memories of listening to the game on the radio with his father. His room here at Courtyard Health Care shows his continued dedication and loyalty to the Giants as a fan.

He has been a resident here for 10 years and has developed many friendships with his peers and staff. He stated his most enjoyable time is spent in rehab working out and in activities. He is very friendly, humorous and a great conversationalist.



Activities

Nov. 6—Mark your calendars—daylight saving time ends.

Nov. 11 is Veterans Day. Remembrance event.

Nov. 22—Courtyard's Thanksgiving luncheon. Entertainment hosted by Jammin with Gary.

Nov. 24—Thanksgiving.

Featured Pet



Buster Brown!!!!

Every day our facility mascot, Buster Brown, comes to work at Courtyard. Buster is a chiweenie, which is a dachshund and chihuahua mix. The residents enjoy watching him play, and Buster really loves their affection!

Wit & Wisdom

"The willingness of America's veterans to sacrifice for our country has earned them our lasting gratitude."
—Jeff Miller

"How important it is for us to recognize and celebrate our heroes and she-roes!"
—Maya Angelou

"It doesn't take a hero to order men into battle. It takes a hero to be one of those men who goes into battle."
—Norman Schwarzkopf

"True heroism is remarkably sober, very undramatic. It is not the urge to surpass all others at whatever cost, but the urge to serve others at whatever cost."
—Arthur Ashe

"I think there is one higher office than president, and I would call that patriot."
—Gary Hart





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|-------------------|------------------|
| 1. Autumn | 9. Nuts |
| 2. Colorful | 10. Pilgrim |
| 3. Cool | 11. Pumpkin |
| 4. Cornucopia | 12. Rake |
| 5. Eleventh Month | 13. Thankful |
| 6. Feast | 14. Thanksgiving |
| 7. Holiday | 15. Turkey |
| 8. Jacket | 16. Windy |

H	J	N	C	T	W	A	P	C	O	R	Y	T	Q	K
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